Rosscon Training College

VTCT Level 1 Hair & Beauty

38-Week Scheme of Learning

Week	Unit Code	Unit Title	Lesson Focus & Content	Learning Activities	Assessment Methods	Oracy & British Values	Maths Integration	English Integration	Common Misconceptions	Non-Negotiable Knowledge
1	H&S01	Health & Safety Basics	Salon safety, PPE, hazards	Salon tour, H&S posters	Observation, Q&A	Respect rules, teamwork	Measuring layout	Risk assessment writing	PPE optional	COSHH symbols, PPE & hazard reporting
2	H&S02	Tools & Equipment	Tool ID & safe use	Demo & tool matching	Practical checklist	Respect equipment	Stock counting	Tool labels	Mixing tool purposes	Correct tool use & cleaning
3	H&S03	Infection Control	Cross-contamination	Hygiene routines	Written quiz	Hygiene expectations	Dilution ratios	Health vocab	Gloves alone prevent infection	Sterilise/sanitise/disinfect
4	CONS01	Client Consultation	Consultation cards	Role-play greeting	Tutor feedback	Politeness & listening	Timing consultations	Note writing	Skipping contraindications	Accurate consultation importance
5	SHA05	Shampooing	Practical development of shampooing.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect shampooing technique	Correct procedure, hygiene, client satisfaction for shampooing

6	CON06	Conditioning	Practical development of conditioning.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect conditioning technique	Correct procedure, hygiene, client satisfaction for conditioning
7	BLO07	Blow-drying	Practical development of blow-drying.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect blow-drying technique	Correct procedure, hygiene, client satisfaction for blow-drying
8	PLA08	Plaiting	Practical development of plaiting.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect plaiting technique	Correct procedure, hygiene, client satisfaction for plaiting
9	CRE09	Creative Styling	Practical development of creative styling.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect creative styling technique	Correct procedure, hygiene, client satisfaction for creative styling
10	CLI10	Client Feedback	Practical development of client feedback.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect client feedback technique	Correct procedure, hygiene, client satisfaction for client feedback

11	MAN11	Manicure	Practical development of manicure.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect manicure technique	Correct procedure, hygiene, client satisfaction for manicure
12	MAS12	Massage	Practical development of massage.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect massage technique	Correct procedure, hygiene, client satisfaction for massage
13	FAC13	Facials	Practical development of facials.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect facials technique	Correct procedure, hygiene, client satisfaction for facials
14	MAK14	Make-up	Practical development of make-up.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect make-up technique	Correct procedure, hygiene, client satisfaction for make-up
15	BRO15	Brows	Practical development of brows.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect brows technique	Correct procedure, hygiene, client satisfaction for brows

16	NAI16	Nail Art	Practical development of nail art.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect nail art technique	Correct procedure, hygiene, client satisfaction for nail art
17	REC17	Reception Skills	Practical development of reception skills.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect reception skills technique	Correct procedure, hygiene, client satisfaction for reception skills
18	PAY18	Payments	Practical development of payments.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect payments technique	Correct procedure, hygiene, client satisfaction for payments
19	CUS19	Customer Service	Practical development of customer service.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect customer service technique	Correct procedure, hygiene, client satisfaction for customer service
20	TEA20	Teamworking	Practical development of teamworking.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect teamworking technique	Correct procedure, hygiene, client satisfaction for

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21	CAR21	Careers	Practical development of careers.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect careers technique	Correct procedure, hygiene, client satisfaction for careers
22	POR22	Portfolio	Practical development of portfolio.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect portfolio technique	Correct procedure, hygiene, client satisfaction for portfolio
23	MOC23	Mock Assessments	Practical development of mock assessments.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect mock assessments technique	Correct procedure, hygiene, client satisfaction for mock assessments
24	REV24	Reviews	Practical development of reviews.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect reviews technique	Correct procedure, hygiene, client satisfaction for reviews
25	CLI25	Client Bookings	Practical development of client bookings.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect client bookings technique	Correct procedure, hygiene, client satisfaction for client bookings

26	SEL26	Self-Assess	Practical development of self-assess.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect self-assess technique	Correct procedure, hygiene, client satisfaction for self-assess
27	FIN27	Final Practical	Practical development of final practical.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect final practical technique	Correct procedure, hygiene, client satisfaction for final practical
28	SHO28	Showcase	Practical development of showcase.	Demo & supervised practice	Checklist & reflection	Respect, discipline, equality	Timing & costing	Instruction writing	Incorrect showcase technique	Correct procedure, hygiene, client satisfaction for showcase